



Dementia Action Week: 21st – 27th May 2018 in Bracknell Forest

Monday 21 st May	Tuesday 22 nd May	Wednesday 23 rd May	Thursday 24 th May	Friday 25 th May	Saturday 26 th May
<p>Singing for the Brain 10.30 am to 12 pm at Langley Hall, Holy Trinity Church, Bracknell RG12 1HF</p> <p>Bringing people together in a friendly and stimulating social environment to sing</p> <p>Sue Hamblin Event Organiser, Alzheimer's Society</p> <p>0118 959 6482</p>	<p>Rhododendron walk at Lily Hill Park 10.00am – 12.00 pm A guided walk seeing historic Rhododendron and Azaleas. This walk is up to 2 miles and will take about 1 hour.</p> <p>Meet at North car park, off Lily Hill Road, Bracknell, RG12 2RX. Cost: £2 per person (payment will be taken on the day)</p> <p>Booking is required - please call 01344 354441</p>	<p>Priestwood Get Together 2pm – 4pm at Priestwood Community Centre, Priestwood Court Road, Bracknell RG42 1TU</p> <p>The Rock Choir will be performing. No need to book, entrance is £3.50 and £1 for carer. Any questions contact Age Concern: on 01344 862916.</p>	<p>Seniors Lunch Club 1pm – 3 pm Easthampstead Baptist Church To book please call 01344 487744 - £3 per person</p> <p>Activity Café 2 pm – 4 pm, at involve Community Services, The Court House, The Broadway, Bracknell RG12 1AE Tel: 01344 304404 A talk about the Dementia Friendly Community in Bracknell and activities for everyone to get involved in!</p>	<p>Seated Tai Chi Bracknell Forest Homes £2 for Bracknell Forest Homes residents and £3 for non-residents.</p> <p>Broadway House, The Broadway, Sandhurst GU47 9BX 2.30pm – 3.30 pm</p> <p>Farningham House, Bracknell RG12 0XR 11.00 am – 12.00 pm For information call Tina Bibic 01344 382853</p>	<p>Dementia Friends Awareness Session 11 am – 12 pm at St Joseph's Church Hall Bracknell (opposite the entrance to Princess Square.) The Hall can be accessed via the Church or the steps or ramp from car park at the rear.</p> <p>To book online: www.dementiafriends.org.uk</p>
	<p>Dementia Friends Awareness Session 1.30 pm – 2.30pm at Involve Community Services</p> <p>The Court House, The Broadway, Bracknell RG12 1AE</p>	<p>"Still Alice" (12A) at South Hill Park Cinema in Bracknell at 7.30 pm. Tickets: South Hill Park on 01344 484123</p>	<p>Tangled Tales 10.30 am – 12.30 pm The Ark @ The Space, 20-21 Market Street, Bracknell RG12 1JG. All types of textile craft activities. 01344 266899. FREE in Dementia Action Week ☺</p>		

Information and Support

The Alzheimer's Society's Dementia Support Workers are available to provide information, support and guidance to people affected by dementia.

For more information please call 01628 626331 for East Berkshire. Email berkshire@alzheimers.org.uk

Or call the **National Dementia Helpline 0300 222 11 22** Open 9 am – 8 pm Mon – Wed; 9 am – 5 pm Thurs – Fri 10 am – 4 pm Sat-Sun